

Updated: June 22, 2021

Cincinnati Community,

At Cincinnati Children’s, ensuring the health of children and families is a priority. The list below summarizes community resources and services families may find helpful related to COVID-19. This document will be updated as new programs and services emerge. For Cincinnati Children’s resource page, visit: <https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources>.

If you know of additional resources or updates, email communityrelations@cchmc.org.

COVID-19 INFORMATION, HOTLINES AND COMMUNITY RESOURCES

Ohio- Department of Health COVID-19 Hotline <i>Questions about symptoms or testing</i> coronavirus.ohio.gov	(833) 427-5634 Website
Kentucky- State COVID-19 Hotline <i>Questions about symptoms or testing</i> govstatus.egov.com/kycovid19	(800) 722-5725 Website
Indiana- Public and Provider Toll- Free Phone Number <i>Questions about symptoms or testing</i> coronavirus.in.gov/	(877) 826-0011 Website
United Way – 211 <i>Get connected to community resources 24 hours a day/ 7 days a week</i>	211 or (513) 721-7900 Website
Centers for Disease Control www.cdc.gov/coronavirus	Website
Cincinnati Health Department www.cincinnati-oh.gov/health/covid-19/	Website
Cincinnati Children’s Hospital Medical Center www.cincinnatichildrens.org/patients/coronavirus-information	Website

HANDWASHING AND ENVIRONMENTAL HYGIENE (per CDC Guidelines)

World Health Organization <i>Coronavirus Disease (COVID-19) Advice for the Public</i>	Website
Cincinnati Children’s Hospital Medical Center <i>Video: Stop Germs from Spreading: Wash Your Hands</i>	Website
American Academy of Pediatrics <i>Critical Updates on COVID-19</i>	Website

MEDICAL RESOURCES

Free Home Delivery of Medications <i>CVS and Walgreens will deliver medications to homes</i>	CVS Walgreens
Cincinnati Children’s Covid-19 Vaccination Clinic <i>The Ohio Department of Health has selected Cincinnati Children’s as a community provider of the COVID-19 vaccine. Any person age 12 and up is eligible to schedule an appointment.</i> <i>Appointment availability is based on the amount of vaccine we receive from the state each week. We are providing the Pfizer vaccine.</i>	Website

MEDICAL RESOURCES

<p>Cincinnati Children’s School Based Health Center at Rockdale Academy <i>Sick visits for children 0-18 by appointment and well-child visits for children aged 5 and under; to practice social distancing - appointments preferred</i></p>	<p>335 Rockdale Avenue Cincinnati, OH 45229 (513) 363-4704 Website</p>
<p>Cincinnati Children’s School Based Health Center at South Avondale Elementary <i>Sick visits for children 0-18 by appointment and well-child visits for children aged 5 and under; to practice social distancing - appointments preferred</i></p>	<p>636 Prospect Place Cincinnati, OH 45229 (513) 363-5522 Website</p>
<p>Cincinnati Children’s School Based Health Center at Hughes STEM High School <i>Sick visits for children 0-18 by appointment and well-child visits for children aged 5 and under; to practice social distancing - appointments preferred</i></p>	<p>2515 Clifton Ave. Cincinnati, OH 45219 (513) 363-7554 Website</p>

MENTAL HEALTH RESOURCES

<p>American Academy of Pediatrics <i>How to Prepare for the Possibility of School or Childcare Closures</i></p>	<p>Website</p>
<p>Centers for Disease Control <i>Helping Children Cope with Emergencies</i></p>	<p>Website</p>
<p>Cincinnati Children’s <i>Child Mental Health Services and Telehealth Availability: 513-803-8107</i> <i>Steps To Help Ease Kids’ Fears and Anxieties About COVID-19</i> <i>Taking Care of Your Family’s Mental Health During COVID-19</i></p>	<p>(513) 803-8107 Website Website</p>
<p>Joining Forces for Children <i>Online mental health resources updated regularly</i> <i>Resilience resources children and families</i></p>	<p>Website Website</p>
<p>Mental Health Access Point <i>Crisis stabilization services in Hamilton County for adults and children</i></p>	<p>(513) 558-8888</p>
<p>Mobile Crisis Team/ Psychiatric Emergency Services <i>University Medical Center Psychiatric Emergency Room – available 24/7</i> <i>Clinical team trained to respond to mental health emergencies in the community; M-F – 8am-12am; Sat/Sun – 11:30am-7:30pm</i></p>	<p>(513) 584-8577</p>
<p>Ohio Department of Health <i>Coping with COVID-19 Anxiety</i></p>	<p>Website</p>
<p>Quartz <i>How to give your kids stability when coronavirus closes schools</i></p>	<p>Website</p>
<p>Shine <i>Resources for anxiety and mental health in a global climate of uncertainty</i></p>	<p>Website</p>
<p>YWCA Domestic Violence Hotlines <i>Crisis counseling, risk assessment, information and referrals, safety planning and support 24 hours a day</i></p>	<p>Main Number: (513)-241-7090 Toll Free: (888) 872-9259 Hamilton County: (513) 872-9259 Clermont, Brown, Adams Counties: (513) 753-7281</p>

MENTAL HEALTH RESOURCES

<p>MindPeace <i>Mental Health resources for Youth, Young Adults, Families & Communities</i></p>	<p>Website</p>
<p>Compassion Resilience Toolkit <i>Facilitator resources to build the capacity of helping professionals, caregivers, and the systems in which they serve</i></p>	<p>Website</p>

UNEMPLOYMENT INFORMATION

<p>Indiana Unemployment Benefits <i>Unemployment and insurance benefits due to Coronavirus</i></p>	<p>(800) 891-6499 Website</p>
<p>Kentucky Unemployment Benefits <i>Unemployment and insurance benefits due to Coronavirus</i></p>	<p>(502) 875-0442 Website</p>
<p>Ohio Unemployment Benefits <i>Unemployment and insurance benefits due to Coronavirus</i></p>	<p>(877) 644-6562 Website</p>

HOME/ UTILITY RESOURCES

<p>AT&T <i>Please see website for more details</i></p>	<p>(800) 288-2020 Website</p>
<p>Cincinnati Water Works <i>Please call for assistance</i></p>	<p>513-591-7700</p>
<p>Duke Energy <i>Please see website for more details</i></p>	<p>(800) 544-6900 Website</p>
<p>Hamilton County Ohio - Home Evictions <i>Please see website for more details</i></p>	<p>(513) 721-4663 Website</p>
<p>Legal Aid Society of Greater Cincinnati <i>To help you navigate this difficult time, Legal Aid created an FAQ series which explains your legal rights and responsibilities on a variety of important topics such as paying your rent or mortgage, paying taxes, paying loans, protecting your credit, and going to court. Please see website or call for more details.</i></p>	<p>(513) 241-9400 Website</p>
<p>Spectrum <i>Please see website for more details</i></p>	<p>(844) 488-8395 Website</p>
<p>U.S. Department of Housing and Urban Development <i>Please see website for more details</i></p>	<p>1-800-Call-FHA Website</p>

FOOD RESOURCES

<p>Cincinnati Public Library <i>Meal boxes from UMC Food Ministry will be available for pickup on Mondays from 3-5 p.m. at the following locations while supplies last. Each box will include seven dinner meals and seven snacks. Youth do not need to be present to receive a box. All meals and snacks are shelf stable and ready to eat.</i></p>	<p>Website</p>
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FOOD RESOURCES

<p>Cincinnati Public Schools</p> <p>Summer Scholar Program Meals <i>All Summer Scholar programs will have breakfast and lunch served each day plus all students will be offered a Weekend Meal Pack as they leave the building each Friday. In addition, the Fresh Fruit & Vegetable Program will continue at all applicable elementary schools.</i></p> <p>June Meal Distribution Sites <i>Please follow the link to see the list of schools that will be Community Meal Hub Distribution Sites where any child under 18 can get a Seven-Day Remote Meal Pack from 1-3 p.m. every Wednesday in June. Parents/Guardians may pick up for their child(ren).</i></p>	<p>Various School Locations (513) 363-0800 Website</p>
<p>Feeding Kentucky <i>Food and community resources available in Kentucky</i></p>	<p>Website</p>
<p>Food Forest <i>Free grocery delivery – can accommodate SNAP/EBT payment options</i></p>	<p>Website</p>
<p>Freestore Foodbank <i>Customer Connection Center; Monday –Friday; 8:30am-3:30pm Pre-made food bags available for pick-up Monday-Friday; 9am-3pm Healthy Harvest Mobile Markets – different neighbor locations daily</i></p>	<p>112 E Liberty Street Cincinnati, Ohio 45202 (513) 357-4600 Website</p>
<p>National Hunger Hotline <i>National service that can help you find food near your home. Call the hotline at 1-866-3-HUNGRY (1-866-348-6479)</i></p>	<p>Website (866) 348-6479</p>
<p>St. Vincent de Paul - Ted And Becky Catino Choice Food Pantry <i>Offering pre-packed food boxes; Recommended that applications for food assistance be made over the phone and a pick-up time scheduled</i></p>	<p>Website 513-421-0602</p>

OTHER RESOURCES

<p>Matthew 25 Ministries <i>Emergency supply distribution and response efforts</i></p>	<p>Website</p>
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EDUCATIONAL RESOURCES

<p>Cincinnati Public Library <i>eBooks, eAudiobooks and online video storybooks just for kids</i></p>	<p>Website (513) 369-6900</p>
<p>Greater Cincinnati STEM Collaborative <i>Daily STEM activities posted for students of all ages</i></p>	<p>Website</p>
<p>KAHN Academy <i>Online learning resources for students by grade</i></p>	<p>Website</p>
<p>Ohio Governor's Imagination Library <i>Children (0-5 years) living in Hamilton, Warren, and Butler Counties in Ohio can sign up to receive a free new book in the mail each month</i></p>	<p>Website</p>



EDUCATIONAL RESOURCES

Scholastic Learn at Home

Free learning experiences by grade level

[Website](#)

Storytime from Space

Stories read aloud in outer space

[Website](#)

ENTERTAINMENT/ EXERCISE

Artswave

Visual Art Experiences

[Website](#)

Cincinnati Children's HealthWorks!

Youth Fitness Videos, Nutrition and Healthy Living Tips

[Fitness Videos](#)

[Website](#)

Cincinnati Zoo and Botanical Gardens

Join the Cincinnati Zoo for an online Safari and Learning Adventure

[Website](#)

Cosmic Kids Yoga

Yoga, mindfulness and relaxation designed for kids

[Website](#)

Go Noodle

Free website and app to get kids up and moving

[Website](#)

Imago Rangers

Daily outdoor activities

[Website](#)

Lunch Time Doodles with Mo Willems

Online art sessions with artist Mo Willems

[Website](#)

Melodic Connections

Lunchtime Live – Musical Session

[Website](#)

Misson2Move

Live physical education classes

[Website](#)

PBS Kids

Free online games and videos

[Website](#)

YMCA

Online workout videos

[Website](#)